



Leave The Pack Behind
Contact sports students to test out.
Page 11

SPOKE

A LEARNING NEWSROOM FOR JOURNALISM STUDENTS



Highly machines
Students create robots with minds of their own.
Page 8

WEDNESDAY, JANUARY 18, 2012

CORVALLIS COLLEGE, CORVALLIS, ORE.

WWW.SPOKEONLINE.COM

WEDNESDAY - Pg. 1

Condors' wings clipped

BY NATHAN BROWN

The Corvallis Condors fought valiantly against the Eugene Knights in their rivalry baseball game Jan. 11 but still lost, as they were a downer with a strong defense in the early portions of the match, the Condors tried to keep their heads and heads high as the Knights bombarded them with spikes after spikes.

Despite long pitches and good catches, which kept the game close, the Knights had a better pitcher, and always won the last few points.

"I think we could pass better," said Alex Harrison, a left fielder and team player for the Condors.

"In the first we played the game we wanted to win," said Wayne Harris, head coach of the Condors. "Then our arms just came out of the bag, making more and more mistakes. We let them

off the back with unforced errors."

Harris is confident that the team can come back from the loss.

The players received tips from after the match, trying to improve before their next game against Eugene College.

"They're freshmen young and inexperienced," Harris said. "They have a slightly better record than we but not much better. If we play against them and trust each other and trust each other we can win that match, but if we're stupid and careless we'll lose."

Despite program's optimism, the Condors lost the match three to one.

They also played against the Clear College pitching practice was not known as of great value, and will play their next game at Belknap University College Jan. 24.



PHOTO BY NATHAN BROWN

Wayne Harris, head coach of the Corvallis Condors, shows his players from time to time to prepare before the game starts up and the Eugene Knights. For more photos see Page 5B.

A NEW YEAR, A NEW YOU



PHOTO BY NATHAN BROWN

It's a common tradition for Corvallis to be a New Year's resolution. Above: Kate Bick holds up the top 10 most popular resolutions they see on www.spokeynews.com.

At library event, check out a person rather than a book

BY NATHAN BROWN

People are introduced to libraries at a very young age. They are a place to go to learn, read and discover. People will introduce them to new knowledge they never knew existed.

Since 2012, Corvallis College has been taking the concept of a library to a whole new level, by holding a Human Library event. The concept started in Denmark, and has occurred all over the world ever since. Rather than a book, you "check out" a person, who will tell you about a significant experience or point of his or her life.

The event has a wide range of human "books" who have all sorts of interesting backgrounds or who have experiences from all over the world.

"We have community members who have experienced

difficulties from learning disabilities, physical disabilities such as Marfan's syndrome, including schizophrenia, are here to tell you all about it, as well as the people in the world who are just to name a few, and leave them, as members of Corvallis College's Human Library event."

The purpose of the Human Library is to challenge preconceptions typically made by society as well as to give the community a firsthand account of what it is like to experience something which others can learn from.

Wendy Kline, who attended a past Human Library event, said "Everyone has problems and issues but being able to hear what it was like for a person to be homeless or for a woman who is living with an-

other's really made me appreciate what I have. I would definitely like to go to another event like this in the future."

One of the fun and interesting parts of the Human Library is that you can never predict what you will experience and learn while there.

"What students generally expect before they come to the event is not usually what they learn. I think students are surprised by the differences in each individual in our community and the realization that people have throughout their life stories. Thank you."

The event will take place at Corvallis College's Dean's lounge on Thursday, Jan. 19 at the Library Resource Center from 10 a.m. to 5:00 p.m. For more information or to register, visit www.spokeynews.com.

Now deep thoughts ... with Conestoga College

Random questions answered by random students
If you were trapped in a TV show
for a month, what show
would you choose?



"Twelve"

Jordan Hayes,
second year
nursing

"The Walking Dead"

Jeremy Berg,
second year
trade school/apprenticeship



"Supernatural"

Anna McCollins,
first year
personal support worker



Trevor O'Brien,
second year
computer design



"Hemlock"

Neil Vandenberg,
second year
radio school/apprenticeship



BY BRADLEIGH DEKALAN

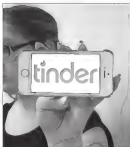
A fingerpin. This is all it takes to find out absolutely everything you need to know about a person. With a single touch you can view Google profiles, be in the loop with absolutely everything going on in their lives and see exactly what they're doing all without even speaking to them.

And now, with a single swipe, an individual's physical appearance is judged within 10 seconds. That's what it has come to. A mobile dating app somewhat like Hinge Not Tinder. Tinder launched in August 2012 but became the new phenomenon. The app was created and aimed toward college students — actually being placed on college campuses the first being the University of Southern California.

Collegians have been around the app, with the infamous Party of Five and Christian League but nothing like this before. The very first profile individuals set up include five of their Facebook photos and a small space to write a bio which at some no one takes seriously. The bio are usually filled with their favourite quote, "Work hard play hard" or the famous "Indecent quote the modern Cinderella but of course on Tinder." But is this the app's? Is the purpose of the app actually to sway singles and potentially date them — which is the real reason of existing site — or is it used for other purposes?

"It does not provide the opportunity for people to get to know each other and it really creates first impressions based on how people look, not who they are," the co-ordinator of Counselling Services and a counsellor at Conestoga College.

In the past two years the app has reached over one million users. But the purpose of the app has changed. Instead of



SWING BY BY BRADLEIGH DEKALAN

Tinder, the newest online dating phenomenon helps college students find singles near them.

being a typical dating site it has turned into something like the proverbial where Craigslist.

"Tinder is good if you want to get laid quick, and like it because it's usually a first year post-secondary anxiety and investigation student."

Other students found Tinder to be a safer option than something to take seriously. Many messages come from guys pick up lines, to their best straight up asking if they want to "hook up."

"I think it is a waste of time. It is not taken seriously at all. It's for people looking for a quick hook up, not James McAvoy's second year police academy student who has used the app before as a joke."

The app itself was a good idea, getting the two founders Justin Mateen and Sean Rad a spot on Forbes 30 under 30 list in 2013. But the app has

become something more along the lines of a game. When a student sees a like it tells you if you would like to continue "playing" with your new match.

Our technology based world has taken every personal interaction and the Tinder app isn't helping. How people don't even have to meet potential partners the "old fashioned way" — asking a lot or actually talking to someone face-to-face — it is all at your fingertips.

Harvard doesn't like the app saying "It degrades people and you don't know what their personality is like."

Harvard Core, a non-profit professional training student, says the app has not had any purpose.

"I use the app to pass time when I get bored but I don't take it seriously."

LEARNING COMMONS

#####

APA INFO

Drop in to
the Learning Commons
with your questions.
2A103 Open

Tuesdays	12:00 — 2:00
Wednesdays	11:00 — 1:00
Thursdays	12:00 — 2:00





Get started on those important tasks
on your list and more importantly,
finish them... on time!

Facilitated by Learning Skills

When:

Tuesday, January 27, 2015

5:00-6:30 pm

Where:

Welcome Centre Presentation
Room

Student Client Services Building
(SCSB)

Register:



**TIME
MANAGEMENT**



GRAMMAR DAY

Get your GEEK on!

January 23, 2015

11 a.m. – 1 p.m.

Doon Campus - across from Tim Hortons

Activities and Prizes!





PHOTO BY IAN ROBERTS

Marylouise Gervais of Orleans, captured the audience in 13 her story at the Stories Aloud event at The Station Factory on Wednesday (in Jan. 13).

Words come to life at Stories Aloud

BY IAN ROBERTS

The art of storytelling is fast fading. For some individuals it comes naturally while others have to work at it to be able to tell stories in front of crowds.

On Jan. 13 the Station Factory's Guild hosted Stories Aloud at The Station Factory in Waterloo. Approximately 50 people attended the event.

For the first 25 years the event took place at The Library Boro in Baden but in 2013 local politicians made it no longer feasible to maintain it as a public venue. For the past three years Stories Aloud has taken place at The Station Factory located at 25 Bayne St. E in Waterloo.

The event takes place the second Friday of each month. Registration in June from 5 to 10:30 p.m.

The founder of the public and

Stories Aloud is Mary Kline Malloy.

The audience was captivated by the variety of the tales.

Some of the storytellers were comic, including Tim Malloy, and other individuals told stories that had been told by other storytellers like Joanne McFarlane.

According to storyteller Carolyn Walker there is variety at each Stories Aloud evening.

"Each evening the stories vary from folk tales, authored stories and personal experience stories, and I find that the audience is turned on and enjoying the story."

Kline Malloy notes was the host of the Jan. 13 event and also a storyteller discussed the long-term goal of the event.

"Our goal is to continue to spread the traditions of oral storytelling and to develop new audiences," Malloy said.

Atrial fibrillation (AF) is a heart rhythm disorder that TRIPLES YOUR RISK OF STROKE.

LEARN THE
SIGNS OF AF

COMMUNITECH

Taking the next step in your career?

We've got you covered.

Are you a student or new grad?
Waterloo Region's hottest tech companies are hiring! Connect to jobs in the tech industry and beyond. Over 40 companies will be in attendance.

Communittech Recruitment Fair

Tuesday, January 27, 2015 | 5pm-8:30pm
Bingemans Conference Centre, 425 Bingemans
Centre Drive, Kitchener

Register at recruitmentjanuary2015.eventbrite.ca

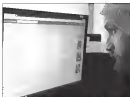


PHOTO BY BOB CARVER

© Subjects are aware of the worst offenders, which is going to down-loading copyrighted material. The final point of the Copyright Modification Act, which came into effect July 3, helped to discourage illegal downloading.

Pirates be warned!

BY BOB CARVER

Customers who are downloading content on-line, note have done so without consequences could be as few days as the first point of the Internet Copyright Modification Act (CMA) took effect on Jan. 3.

That law requires Internet service providers (ISP) and website hosts to notify letter from copyright holders to customers interrupted with the copyright holder. The Copyright Modification Act (CMA) addresses where illegal downloading is alleged to have occurred.

Although these internet sites carry any incidents legal consequences as a CTV, they limited lawyer Alice Houdakova and that they do receive a warning that the copyright holder has notified illegal downloading of your IP address and could sue if they re-appear.

The act does not include a requirement that customers must stop downloading the content or remove it from any website where they have already posted it, but it does allow a copyright holder to sue individuals. Lawyers could sue up to \$1,000 for downloading copyrighted material, the person can sue up to \$10,000 for a download that is to commercial gain. Alice Houdakova, a 38-year-old business consultant, says that this is a step to the right direction as an effort to regulate illegal downloading.

"In the past, I'd see illegal downloading sites as a way to sample some music. I would download the song, then I came back to see if I liked them and then purchase the CD, but now YouTube offers free music, but then I realize downloading printed material so I use the internet. Close and."

"Personally I think it's a good idea to start addressing illegal

downloading because people share illegal downloads. I know not many people who are chronic downloaders and in the end it's stealing money from the artists who had to put time and money into creating their product."

"This new law seems like a way to transfer downloads rather than stop people with legal concerns. There just needs to be some form of regulation," Chen added.

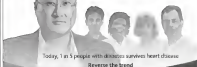
"Thomas Menden, a second year public relations student, currently downloads printed material and will continue to illegally distribute it."

"I've downloaded things but not for profit, he said. "I mostly use torrents to download data from friends because I am a student and don't want to pay hundreds of dollars for a book. I say it may or may not sue. This new law doesn't change my perspective on illegal downloading because more than likely they will be targeting those who are ready to distribute illegally downloaded and uploading the copyrighted material. I will continue to use personal material because it's easy and convenient. Besides, the government has not taken that they are going to crack down on those who are downloading printed material and you never hear anything about it."

In response to the downloading is a lawsuit by the ISP or website hosts must also keep the information before the court in order to sue the copyright holder. Besides to sue, however, the ISP or website hosts cannot avoid your personal information unless it is time not required.

When ISPs or website hosts are helping in that of a customer account and a letter was issued, hopefully it will be enough to stop them from downloading illegal material again.

1 in 5 survives.
We can all do better.



Today, 1 in 5 people with diabetes survive heart disease.

Reverse the trend



HUMAN LIBRARY.ORG

Thursday January 29th

10:00am—3:30pm

Doon Library Resource Centre



Borrow a Human Book and engage in conversations
to challenge stereotypes

To pre-register please e-mail the Respect Campaign at
respect@conestogac.on.ca

Hosted in partnership with



CONESTOGA

LIBRARY RESOURCE CENTRE



STUDENT LIFE

ALL AGES
THURSDAY

CONESTOGA
STUDENTS INC.

CASH BAR
JANUARY 29

MONSTERS OF SCHLOCK

THE WORLD'S MOST EXTREME TWO MAN CIRCUS
SIDESHOW COMEDY MAGIC EXTRAVAGANZA



DOORS OPEN AT 9PM
SHOW STARTS AT 9:30PM
IN THE **SANCTUARY** AT THE **DOON CAMPUS**

TICKETS FOR \$5
IN THE CSI SERVICE HUB **ON YOUR CAMPUS**

WATCH THIS CRAZY DUO PERFORM INSANE STUNTS AND TRY TO BREAK THE WORLD RECORD FOR
MOST MURDER TRAPS SHAPPED ON A TONGUE IN ONE MINUTE

OPEN TO STUDENTS FROM ALL CAMPUSES! VALID PHOTO I.D. & STUDENT CARD REQUIRED FOR ENTRANCE.
CONESTOGA STUDENTS ARE ALLOWED TO SIGN IN ONE NON-CONESTOGA GUEST. GUESTS MUST HAVE VALID PHOTO I.D. & EVENT TICKET

Robots come alive

BY KALI COUGHLIN

Robots were all the rage at the Cambridge campus on Dec. 9 during a Lane Follower Competition. The event was held by Christopher Debono for his introduction to robotics class.

Students were computerized with the students being given the assignment to make an the project. They had to buy materials and design test and build their robots devices throughout the semester although many students left it to the last week.

The robots devices had to be self powered and autonomous – no use of human control such as joy sticks. The robots power sources had to be self contained and carried by the robot. There was no restriction on the amount of power regulation taught.

"I think they were a little better than I thought they would be I was a little worried about it," Debono said.

He hoped the students would take all the knowledge that they learned in their courses including mechanical design and controls theory and put it all together to make a device that would work as designed.

The winning team for the competition portion was determined by how many races they won overall. The competition consisted of a qualifying round, round robin, voting and the elimination round.

The challenge was worth 20 per cent of the students final grade in their robotics class.

The rectangular track had rounded corners and sat on top of a large table. For the



PHOTO BY KALI COUGHLIN

In a chemical engineering 10 course, introduction and interaction students watch as their classroom, Davis Johnson, Jerry and Richard Mott (left) get ready to race during the Lane Follower Competition on Dec. 9, 2023.

race format two robots race started at equal distance apart at the same place on opposite sides of the track, not to run counter-clockwise. When one robot caught the other, the race was over and a winner was declared. Although 72 hours completed

during the qualifying round only one moved on to the round robin.

During the round robin each robot raced other robots.

For the voting round, the students voted on a scale from one to three to determine the top three class finalists.

Team 1 known as Lane Bros, consisting of Dylan

Roberts, Rodney Williams and Taylor Alford was the voting person of the competition.

Michael Wozniak, chair of engineering technology and industrial technology at the Cambridge campus and he has always enjoyed the Lane Follower Competition.

When building a robot device shows something

new, your students should consider it.

It showed a second-year mechanical engineering – robotics and automation student and don't make the robot too complicated and that was management is crucial.

The last race shows the more things you can make and the more it is made well be real.

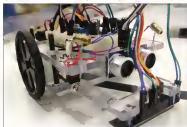


PHOTO BY KALI COUGHLIN

The robot that was designed by Dylan 1, also known as Lane Bros, won the Lane Follower Competition at the Cambridge campus.



PHOTO BY KALI COUGHLIN

Team 1, consisting of Dylan Roberts (left) to right, Rodney Williams and Taylor Alford, pose with their robotic device after winning the annual competition.

ELECTRIC SHAKE N' SKATE



Photo by David White, 2015

Wade too locals skate around the town square in 100 time to visit too. Music provided by local DJs on Jan. 10, at the skate it skate event. For video see www.uptownnews.com

FROST WEEK COMEDY MOONER



Photo by David White, 2015

John Haskings was the host of GFL's Comedy Mooner on Jan. 11 in the Comedy. He got the crowd pumped for the next two comedians, Graham King and Julie Blackmore. They all took the stage as part of Frost Week. For more see video at www.uptownnews.com



mindfulness
GROUP

Are you...

- Finding that stress or your mental health concerns are impacting your academics?
- Interested in learning strategies around mindfulness and meditation?
- Wanting to develop some tools to help ground yourself & increase self-regulation?

The Mindfulness Group will provide an opportunity for learning, practice, and supportive discussion. Group will run for 8 weeks from Thursday, January 29 until Thursday, March 26 @ 4:00 – 5:30 P.M. (no group during February break).

*** Registration deadline is Friday, January 23, 2015 ***

To Register:

- Email counsellingreception@conestogac.on.ca or visit Counselling Services (1A101)
- Provide your name, program, copy of your schedule, phone number, and email

A group facilitator will contact you prior to the group to confirm registration and group location.

Quitting smoking?

Contest offers cash for butting out, cutting back or not starting

BY MATT BOWELL

As a new year is upon us, ways to better ourselves come to the forefront. Whether the goal is to eat better, exercise more or drink less alcohol, a new year tends to involve that type of change.

At the top of many people's list of resolutions is to quit smoking, and with a batch of new laws restricting smoking in many public areas, it's becoming more and more apparent how forward again it has become. That's what makes the Leave The Park Behind campaign so important. It's a great way to possibly win some cash while also taking charge of your health.

The Ontario government funds the Leave The Park Behind initiative, which started in 2009. It is a science-based program that offers smoking and quitting information to young adults through personalized support and resources.

According to Statistics Canada, in 2011 over six or about 5.8 million Canadians smoked. And though tobacco use is down from a decade ago, recent studies have estimated that 21 per cent of all deaths in the last decade are due to smoking.

Consequently, we need behind the initiative for the past few years and has put together a team to promote quitting



PHOTO BY MATT BOWELL

through education and support. A big part of the campaign is the World Teen Father contest. Students can enter and quit, cut back or not start smoking to win up to \$2,500.

Having a chance of winning a \$2,500 prize and prize money is also a big incentive for the campaign. At the contest, students who are already smokers and want to stay that way, "Party Without The Smoke" is named as students who are social smokers. "Stop The Cough" is the name for students who are encouraged to cut back by 50 per cent. "Quit For Good" is the final category, with students

having a chance of winning a \$2,500 prize and prize money.

Research shows that adolescents are likely to quit, using the campaign's services over quitting cold turkey. The World Teen Father contest has provided a free to 15 per cent quit rate.

Colors is also very active in the contest, with the new smoking bylaws that come into effect on Jan. 1.

Research shows that adolescents are likely to quit, using the campaign's services over quitting cold turkey.

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Colors is also very active in the contest, with the new smoking bylaws that come into effect on Jan. 1.

"I know some smokers feel like they are getting very motivated with the plans they can make, however, it's very important to encourage a smoke free environment, especially on campus. Making sure that school environments are smoke free helps prevent smoking initiation and can help stop the problem before it begins. Colors need."

The Leave The Park Behind campaign offers free resources, replacement therapy, smoking cessation programs and quit kits. Colors also wants to remind students that they can get even more support through Health Services at Conestoga.

There is also a program that the campaign has run that is called Quit Now Club, which is aimed at helping smoking and non-smoking students who are interested in to get into becoming a member of lighting up.

For more information, contact students or staff who just found out about the contest.

"It does make people want to quit. It's encouraging and it feels good to receive something back for dropping the disgusting habit. Dang, man!"

To sign up or for more information on the World Teen Father contest and the campaign, go to www.levetheparkbehind.ca.

IN 2015 WILL YOU BE EATING HEALTHIER?



PHOTO BY JENNIFER PROBERT

Eating healthier is a popular New Year's resolution. The easiest ways to do it is to increase consumption of fruits, vegetables and lean meats. It's not much about eating healthier, it's about the video of www.youtube.com.

Connect with a Tutor. FREE!

Log into myconestoga.ca



Click



Select



Peer Services

Click



Life is easier with friends

The Working Centre helps those dealing with poverty

BY JACK PARDONSON

When Joe Marano started the Working Centre in 1993 he did not want to solve the problem of poverty.

Instead, Marano figured that the best way to help people was to give them a community. Through community they could learn information and bonds that would help with the emotional stress of poverty and work on the material stress at the same time. The Working Centre has been operating steadily, easily under an umbrella and it is doing exactly what Marano hoped.

"Our ideal is not to solve poverty or unemployment," Marano said in a phone interview. He thinks that poverty is as difficult to fix because most work up there is done without that working sense of cohesion, then temporary work is just another challenge in life to overcome.

Currently the center operates more than 40 different ongoing projects. "The center includes a community kitchen

"We have public computers. If we didn't have them, we'd have public typewriters."
— Joe Marano

with over 300 meals served each day, a newspaper, a filmmaking studio, a teaching station based on books and a thrift store with more than 170 customers each day. These projects are open to all and attract residents of Richmond and Waterloo who are from all walks of life.

Marano used the thrift store as an example, naturally there are people with little space money who shop there because they do not have any other choice. But there are also plenty of folks who like a cheap money so who take the clothing on sale.

The Working Centre even teaches car maintenance to people who need to pursue an education on Jan. 23 the cen-

ter will offer an easy vehicle workshop day of choice. This workshop is being offered as preparatory work for the Thursday 161 course that Sherratt University College is making available. The day and vehicle will run for 12 weeks. Registration is due by the first of February and more information can be found on the Working Centre's website www.theworkingcentre.org.

In spite of the center's long history, Marano said that technology has not made a big change to the way he operates it.

"My perspective also comes about technology," Marano said.

"We have public computers. If we didn't have them, we'd have public typewriters."

According to Marano, technology is meant to improve the way the center operates, rather than define it. At the end of the day, the center has built its success on human emotion and not emotions — meaning that technology will not change



PHOTO BY JACK PARDONSON

the Working Centre has operated out of the same building, 58 Queen St. S., in downtown Waterloo, since its inception in 1993, which is well founded by one and a half decades. Marano. The couple wanted to make poverty and unemployment more tangible through a strong sense of community. The center is still working to help those dealing with poverty.

COMMUNITECH CHALLENGE TO ONTARIO POST-SECONDARY STUDENTS

THROUGH your LENS

A lens can capture life as it happens, catalogue important documents, confirm a prognosis or protect an endangered species.

Improving lives and protecting the planet is our responsibility. Help us see what you see at <http://whatyousee.ca>. Enter today, tell us a problem and your idea to solve it using Canon imaging technology.

Finalists will pitch to Canon Canada's CEO to win money, equipment and an opportunity to solve the problem with Canon.

Canon
Because It Counts

ENTER TODAY
whatyousee.ca

Over \$25,000 in cash and Canon hardware to be won!
Early Bird Prizes each week just for entering early.

JUST DANCE IN THE CONESTOGA SANCTUARY



PHOTO BY JACOB KIRBY

Epiphany Centre is team leader for the 'Get Game?' an interactive game course based out of Terezi's, leads a session during a video game tournament held in the Student Life Centre on Jan. 7.

FARMERS' MARKET STILL UNDER CONSTRUCTION



PHOTO BY SCOTT MURRAY

The new main building of St. Jacobs Farmers' Market, now also under construction will enter the winter. It is intended for the old Conestoga regional year-round Farmers' Market and the village of St. Jacobs at 1840 Route 1 in a position of approximately 4,000-50,000 square metres who turn the countryside. The previous building was destroyed in a fire in 2013.

CHOOSING NETFLIX OVER CABLE

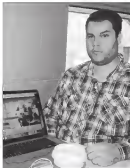


PHOTO BY JACOB KIRBY

5 courseware program analyst student, Brandon Cardoso is one of many Conestoga students who say a better, low-cost traditional cable but this is a video streaming service available on numerous platforms. They can go to www.conestoga.com



ATTENTION ALL GRADUATES

Turn your Degree/Diploma into a career

Educational Pathways Fair
 Wednesday, January 21, 2015
 10:00 am - 1:00 pm Dean Campus
 in the Student Life Centre and E-Wing





HOROSCOPE

Week of January 20, 2025



Aries
March 21 – April 19

Beak is over, and your New Year's resolution is put into play! It's time to start all the projects you have been dying to begin!



Libra
September 23 – October 23

It's time for you to take the bull by the horns and start this new journey. Come on, this is it! You'll be so proud!



Taurus
April 20 – May 20

Over the course of your week, you have been pushed to the limits. It may be high time to cut back into your bubble and take a much needed nap.



Scorpio
October 24 – November 21

You have been wondering for a while about something in particular. Stop wondering, go on and find out! You'll enjoy it!



Gemini
May 21 – June 21

You have been following everyone else's ideas all December. Be independent and do what's right for you. This is a deep breath and start an entire new project.



Sagittarius
November 22 – December 21

You have been a much potter for the last long. Get up and go on an adventure even if that means going to the winter store.



Cancer
June 22 – July 22

You have been making my money decisions lately and your mind is slowly coming. It's time for you to take a new vacation and enjoy this price of time.



Capricorn
December 22 – January 19

You have been taking under so much pressure lately due to all the responsibilities you have on your plate. Close all the doors and start fresh.



Leo
July 23 – August 22

You have been bettered and driven, all over the place during the week. You need to take back your control and move forward with a level head.



Aquarius
January 20 – February 18

You have been super on your own with everyone around you. You may think it's funny but the people around you are left confused. Think before you speak.



Virgo
August 23 – September 22

You have been driven into confusion lately and you have been loyal with being everyone else's friend at last. Stop that thinking for yourself! You deserve it!



Pisces
February 19 – March 20

You have been left behind with a long change and phase. Feeling back and forth. Don't take these things seriously. It's not constant!



Whispering Wishes wishes you waves of fortune

Oh Cliff!



Cliff and a restaurant lunch.

Useless Facts

Venus is the only planet that rotates clockwise.

In space, you cannot cry because there is no gravity to make the tears fall.

It is estimated that millions of birds are killed by regional squalls.

A large flawless emerald is worth more than a similarly large flawless diamond.

A cat uses its whiskers to determine if a space is too small to squeeze through.

Sudoku Puzzle

		4		7	1	9		3
	1	5		9	6			8
8								6
		1			8			
	3	9		2	4		7	
		8		3		6	9	5
		3			4			1
		2			5	8	6	
7		6		1	2		5	

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9 without repeating any.

Word Search

Winter sports

Y	M	K	N	M	O	J	T	W	F	H	O	K	K	P	A	SKING
T	O	R	R	R	U	R	O	G	S	T	T	I	M	L	G	SKATING
N	H	O	Z	R	O	U	X	Y	R	O	P	P	X	N		HOCKEY
T	O	G	Y	U	Z	X	Q	R	Z	E	I	W	I			MONO
W	P	A	T	S	H	T	E	L	A	H	C	A	M	T		STONES
L	U	P	T	E	N	S	R	T	Y	O	U	F	P	A		FLUX
O	T	R	S	T	O	U	E	H	O	C	K	E	Y	G	K	LACES
S	T	I	C	K	S	P	H	U	O	I	M	W	K	O	S	NET
K	F	H	A	P	U	H	O	C	C	V	K	B	O	X	O	PAUER
I	Q	S	O	C	R	C	A	S	E	T	X	O	J	N	O	GRUBS
E	L	K	R	H	A	O	J	O	R	H	Y	Z	R	S		CHALLET
S	A	I	H	G	E	N	O	J	M	Y	W	H	I	L	L	GLACES
C	O	I	Y	T	R	E	P	O	L	E	S	B	W	I	Y	TOMOGAMING
H	E	N	D	F	R	R	O	P	K	O	W	S	V	T	S	COCCA
J	S	G	S	E	D	A	L	B	E	H	F	X	X	A	J	MITTS
Y	T	O	B	O	G	A	N	I	N	G	W	F	B	N		HILL

SKIING
SKATING
HOCKEY
POND
STICKS
POOL
LACES
NET
POLES
SKIS
CHALKY
GLACES
TODOSOMING
COCOA
MITS
HILL
SNOW
ARENA
COACHES
ICE



The Conestoga Knights took on the Niagara Knights Jan. 26, and lost all three sets. Above: Brandon Crockett gets ready for a serve from the Knights.



Kenneth Lee strikes the opposing team before play starts a set, but the Knights ultimately led to the Conestoga defeat.



Checkmate: Niagara Knights outplay Conestoga men's varsity team



PHOTOS BY NATHAN BROWN



Conestoga Knights' men's varsity volleyball team is hard on opponents to block on attacking spikes.



The Conestoga go on the defensive as they prepare for their opponents to serve. The route is not quite as at Burlington University College Jan. 26.

